

A Tour of Trauma Sensitive Techniques for the EMDR Practitioner

Agenda

9:00-10:15 Cultural / Community Resource Technique via discussion, client video and practicum. Positive Parts on the Team- Discussion, script, and client video.

10:15-10:25: Break

10:25-11:30: Positive Parts on the Team practicum

11:30-11:40: Break

11:40-12:45: Urge to Avoid discussion, script and client video

12:45-1:15: Lunch

1:15-2:30: Urge to Avoid practicum.

2:30-2:40 Break

2:40-3:30: Scribble it out group practicum

3:30-3:40: Break

3:40-5:00: Early Trauma Protocol and *Feeling State Protocol via discussion, script and a client video. Wrap up and questions. *We will review if time permits