

## **Reinventing Your Life: Advanced Schema Mode Work for Trauma and Co-Occurring Disorders**

8:45 a.m. to 10:15 a.m.	Schema Focused Therapy Model <ul style="list-style-type: none"><li>• Indications</li><li>• Temperament</li><li>• Core Child Needs</li><li>• Early Maladaptive Schemas</li></ul>
10:15 a.m. to 10:30 a.m.	Break
10:30 a.m. to 12:00 p.m.	Understanding Schema Modes
12:00 p.m. to 1:00 p.m.	Lunch
1:00 p.m. to 2:30 p.m.	Schema Inventories and Assessment
2:30 p.m. to 2:45 p.m.	Break
2:45 p.m. to 4:30 p.m.	Schema Mode Interventions and Therapy Strategies