

Foundations of Clinical Supervision

9:00am — 10:15am: What is Supervision Anyway? “The Curse of Knowledge” Introduction to Systems Approach to Supervision, What encourages Adaptive Learning in Supervision?

10:15am — 10:30 am: Break

10:30am — 11:30am: 7 Foundational dimensions of the Systems Approach to Supervision

11:30am — 12:00pm: Know your supervisee: Understanding the 3 Phases of Supervisory Relationship (supervisees beliefs about change)

12:00pm — 1:00pm: Lunch

1:00pm — 1:30pm: Structuring your supervisions/teaching staff

1:30pm — 2:00pm: Decentralized Command: letting your staff borrow your ego

2:00pm — 2:15pm: Break

2:15pm — 3:30pm: Handling Common Supervision Issues

3:30pm — 4:00pm: Develop Yourself: Skills of effective supervisors

4:00pm — 4:15pm: Therapist Wellbeing: What to do when your staff is burned out

4:15pm — 4:30pm: Q&A