

## Schedule of the Day

8:15-8:30- Registration (log onto Zoom)

8:30-9:45- Tips for a trauma informed/sensitive session. Gathering and deciding on target order. How to explain and recommend EMDR (discussion and handouts)

9:45-9:55- 10 min break

9:55-11:15- Review of standard protocol (lecture, discussion, handouts, video and practice)

11:15-12:00- Lunch

12:00-1:00- Review working with clusters (lecture, handout, discussion and video)

1:00-1:05- 5 min break

1:05-2:05- Review working with floatback and cognitive interweaves  
(discussion, handouts and videos)

2:05-2:10- 5 min Break

2:10-3:10- Review future template (discussion, handouts and video)

3:30-4:30 consultation